# Sacramento money will salvage jobs

By DAVID BOHRER, Assoc. News Editor

The scheduled layoffs of 500 classified workers will be cancelled if Gov. George Deukmejian's proposed budget for 1984-85 is approved by the Legislature, it was announced at yesterday's Los Angeles Community College District (LACCD) Board of Trustees meeting.

Deukmejian plans to provide California community colleges with \$50 million, which represents 50 percent of the community funds he previously vetoed for the 1983/84

"If, in fact, we are going to get the monies from the governor, our intentions would be to rescind the layoffs," said Marguerite Archie-Hudson, LACCD board president.

If all goes as expected in Sacramento, layoff notices could be revoked as early as next week.

Also, "If the additional 1983/84 augmentation proposed by the Governor is approved, the LACCD vices."

would receive approximately \$5 million," said Thomas Fallo, vicechancellor of business services.

In regard to student fees proposed in the governor's 1984/85 budget, Fallo said, "We understand that the proposal includes a \$5 per unit fee for students taking up to and including six units, and a \$50 fee for students taking more than six units. We believe the governor proposes to restore the funding base for the community college and to provide an 11 percent increase to be funded from the proposed fees and the projected increase in local property

" In short, the governor does not appear to be proposing that any additional state revenues to be given to the community colleges.

"The district," continued Fallo, "may have to accept a student fee in order to receive funds to maintain an already inadequate level of ser-



CAPITOL PUNISHMENT-400 community college students braved long bus rides, cold weather, and a night of little or no sleep to protest the governor's policies on

community colleges this Monday. Fifteen Valley students participated in the rally

### - Vol. 35 No. 15 -Van Nuys, California Vallev Star Los Angeles Valley College

- Thursday, January 12, 1983 -

# Local funding demonstrations attract major media, slight student attention

By MARY CRONIN, News Editor

Despite intense media attention, last Thursday's "Day of Protest"

The demonstrations, planned by various student, faculty, and service organizations, were organized to publicize the need for reinstatement of base funding for the state's community colleges.

One of the more successful demonstrations was the morning "funeral" for California's community colleges held in Monarch Square. About 200 students and staff members were drawn to the flower-decked coffin and black-clad mourners to quietly listen to speakers bemoan the "death" of the

colleges. Listeners were asked to fill out forms protesting the lack of base missing." funding for the schools, and to deposit them in the coffin. About 1500 forms were collected and taken to Sacramento by students who travelled there on Monday for an anti-tuition protest.

Speakers at both rallies demanded full community college funding without the governor's proposed

first-time tuition in the schools. Valley Hillel's Rabbi Jerrold Goldstein accused the governor of "starving the California colleges to death." He said that "the colleges are being reduced to an empty shell. They are falling apart before our very eyes. We come here for a funeral—a funeral that says we know that something has been ripped away from us. Something is

Dean of Instruction Edwin Young decried the "erosion of trust in education and political institutions" and said that since "availability of funds is no longer the issue, we urge that funding be restored immediate-

Accusing the governor of "putting the community colleges in the grave," Los Angeles Community College District (LACCD) Trustee Monroe Richman said, "Gov. Deukmeijan is ambitious, and the evil that he is doing will long live after him. It is no longer an issue of money. The money is there to save the community colleges, and the money is there not to charge tuition. Let us not let Gov. Deukmejian continue to do his evil."

Valley philosophy Professor Patrick Maguire said, "If you have to buy the tools necessary to be a responsible citizen, and informed citizen, than we will definitely have government of the rich, by the rich, and for the rich." He exhorted the listeners to "let Sacramento hear your voices in the name of democracy.

Valley's AFT representative Sylvia Lubow, who helped to organize the event, said she was 'proud of Valley. Our's was the most dramatic of the demonstrations, and achieved its primary purpose—that of calling media attention to the plight of the community

The rally ended as about a dozen

small children, representing "the future of California community colthe coffin.

The district-wide demonstration held later in the day in Lafayette Park attracted scores of broadcast and print journalists and a sprinkling of teachers and district service employees, but virtually no students attended.

The most dramatic speech of the afternoon was delivered by Valley's Barbara Kleinschmidt, newly elected AFT representative for Unit 1 employees, who expressed the frustration of many of those involved in the struggle to maintain quality education in the state's community colleges.

"We protest the dire financial circumstances of the community colleges in the state of California.

'We protest so that others will at least recognize the situation of the community colleges. We protest the recklessly vetoed funds in a philosophical dispute that threatens to lose to the people of this state its last fortress of upward mobility. Community colleges are our last bastion in the battle against poverty and ignorance."

Kleinschmidt decried the current fiscal situation which forces administrators to make "disastrous choices" such as having to choose between keeping loyal classified employees or fixing a roof to pro-

Please see demonstrations, Page 8

# Rally sparks little warmth

By JOSEPH KEHOE, Editor-in-Chief

The numbers did not reflect the "what if they gave a rally and everyone showed up?" theme of the event, but some 400 vocal California community college students did manage to find their way to Sacramento Monday for a day of protest and lobbying.

Roughly half the students came from Southern California, with Valley College supplying 15 par-

Braving temperatures in the low 40s, students from as far away as San Diego arrived at the state capitol to demand the restoration of the system's \$108.5 million funding base that Gov. George Deukmejian vetoed last year without the imposition of tuition.

The day's events began with a lobbying workshop intended to instruct students on how to communicate with their legislators.

It was not long, however, before the organizers of the workshop discovered that they had trouble communicating with some students. The organizers urged the student lobbyists to concentrate on one issue, namely funding, in order to take advantage of the attention spans of their legislators, which resemble those of "young children on the way to the bathroom," according to one coordinator.

However, many students raised strong opposition to putting tuition on the "back burner," some even charged that they had been misled and brought to Sacramento "falsely." As a result, it was decided that both issues should be allotted equal weight and, in the end, it was the anti-tuition forces that gave the rally

The protest began at noon on the steps of the capitol building with students shouting, "We want Duke out!" even though the governor was reported to be in San Francisco.

Several speeches then followed.

Assemblyman Tom Hayden (D-Santa Monica) tried to put the debate over tuition in perspective by pointing out that this issue is as "old as American history and that is whether or not certain things like public education ought to be a right belonging to all people or whether they are a privilege for just a few who can afford them.'

Assemblyman Gray Davis (D-Los Angeles) followed up by stating that California is the only state where the "American dream" is still alive. Social mobility and selfimprovement are only made possible through education, Davis said.

"It's the only state in the country which doesn't put education on sale," he asserted, adding that he felt confident that tuition would not be imposed.

However, Assemblyman John Vasconcellos (D-San Jose) warned that the fight would not be a short

"If you just come down today and wave signs and go home, it ain't gonna work. It's a long-term struggle to keep this state open . . .

Sen. Art Torres (D-Los Angeles) told the crowd, "Those of you that came up on the buses, I hope your backs are all aligned because you're going to need firm backs to give . . . a stronger backbone to the members of the Legislature and the governor to continue fighting for California community colleges.'

However, Torres, who has been a strong opponent of tuition, seemed to be waivering himself when he spoke of "a compromise which might include tuition, but a compromise which has to include the realistic factors of keeping our community colleges open, at least with a sunset and other fees and other proposals."

Please see Sacramento, page 8

# colleges."

SAD STATE OF AFFAIRS-Mourner stands beside coffin at Valley's "Day of Protest" last week which emphasized the need for restoration of funds without tuition for community colleges.

### **Final Examination Schedule** Fall 1983 Semester

Thursday, January 19 - Friday, January 27

The date of your final examination is determined by the first day and the first hour your class meets.

Final examinations MUST be held on the DAY AND TIME scheduled, and in regularly assigned classroom.

Classes which meet only one day per week (modular classes) will have their finals at the regular class meeting time between January 19 and January 27.

Classes of less-than-semester length (4, 5, 6, 8, or 9-week classes) will have their final exam at the last meeting of the class.

All 4 p.m. and evening classes will have final exams the first class meeting after January 18.

All Saturday classes will have final exams on January 21, the same time as regular class.

CLASSES MEETING ON	7 a.m. & 7:30 M or W or F	7 a.m. & 7:30 TU or TH	8 a.m. & 8:30 M or W or F	8 a.m. & 8:30 TU or TH	9 a.m. & 9:30 M or W or F	9 a.m. & 9:30 TU or TH
FINAL ON	Mon. Jan. 23 8-10	Thurs. Jan. 19 8-10	Wed. Jan. 25 8-10	Thurs. Jan. 26 8-10	Fri. Jan. 20 8-10	Tues. Jan. 24 8-10
CLASSES MEETING ON	10 a.m. & 10:30 M or W or F	10 a.m. & 10:30 TU or TH	11 a.m. & 11:30 M or W or F	11 a.m. & 11:30 TU or TH	12 or -12:30 M or W or F	12 or 12:30 TU or TH
FINAL ON	Wed. Jan. 25 10:30- 12:30	Thurs. Jan. 19 10:30- 12:30	Mon. Jan. 23 10:30- 12:30	Tues. Jan. 24 10:30- 12:30	Mon. Jan. 23 1-3	Thurs. Jan. 26 10:30- 12:30
CLASSES MEETING ON	1 p.m. or 1:30 M or W or F	1 p.m. or 1:30 TU or TH	2 p.m. or 2:30 M or W or F	2 p.m. or 2:30 TU or TH	3 p.m. or 3:30 M or W or F	3 p.m. o 3:30 TU or TH
FINAL ON	Fri. Jan. 20 1-3	Thurs. Jan. 19 1-3	Wed. Jan. 25 1-3	Tues. Jan. 24 1-3	Fri. Jan. 27 8-10	Thurs. Jan. 26 1-3

In case of conflicts or for makeup exams—see instructor

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# Better things to do

Adam Smith was wrong.

There is no "invisible hand" that reaches down and magically transforms undiluted greed into an instrument for the public good. Selfishness by any other name is still selfishness.

The self-centeredness of California community college students was on center stage this week, and a sorry sight it was. With the survival of their schools hanging in the balance, only 400 students bothered to show up in Sacramento Monday to protest Gov. Deukmejian's community college policies—policies that threaten to eliminate the last bastion of democracy from this state's higher educational process.

Four hundred out of 1.3 million! The other 1,299,600 had better things to do.

And, if asked, every single one of them would have a good excuse. Unfortunately, good excuses will not pay for their tuition when Deukmejian gets his way.

He might believe in the invisible hand of Adam Smith, but there is little chance that the governor will accept the invisible money of some 200,000 students who will not be able to afford an education.

Indeed, it appears now that the day is not far off when apathy, greed, and the governor will do a little jig over the grave of community colleges that students have helped to dig.

Some might suggest that, by their actions, California community college students deserve to have fees imposed upon them. They may have a point.

However, the future deserves better—the future deserves a chance.



# Hypocrisy on the air

"The objective of the Radio Marti program will be simple and straightforward: Tell the truth about Cuba to the Cuban people."

This is how President Reagan described this new Voice of America in his first broadcast to the Caribbean nation last week in which he condemned Castro's record on the economy, political prisoners, and censorship.

Meanwhile, back at the ranch...

Reagan released the details for his budget proposal for 1985. The President plans to slash \$8 billion from domestic programs including Medicare, Medicaid, Aid to Families with Dependent Children, food stamps, school lunches, and other nutritional services. On the other hand, military spending will increase by 13 percent over the 1984 level.

Programs to aid the poor, which have already been cut to critical levels, will be most affected by the proposed budget. But then again, according to the White House, poverty has almost been eradicated in this country.

land, the thinking goes, only because the food is free. Hence, there is no need for these pro-

But the fact remains that there are far too. many needy people in the land of plenty. And, if Reagan were at all interested in telling the truth about America to the American people, he would be the first to point it out.

The deadly flaw in Reagan's philosopy is that he fails to see that the free trade and free elections he preaches to the Cuban people don't mean much when one cannot afford food or proper medical attention. For all of Castro's shortcomings, he does provide the Cuban with cost-free medical services and cost-free education.

President Lyndon Johnson once said that the true test of a government is what it does for people in the dawn (the young), the shadows (the needy), and the twilight (the elderly) of

Measured by this yardstick, Reagan's record and his popularity in the polls reflect a man and a nation void of compassion.

# Wake the what up?

Now we've gone too far, some people say. Certain words one might hear or use to express exasperation, discontent, anger, or opinion are judged as "obscenities" in print and are apparently verbotten for newspaper editorials.

In the use of our editorial headline to admonish napping students to act, lest a price tag be attached to their inherent right to free higher education, we had transgressed journalistic style, and, as one student believes, "prostituted ourselves for impact alone."

True, impact was, in part, what we were after. As "watchdog" and community servant, it is our duty to hold government powers in check and inform the public of people, ideas, or movements that endeavor to confiscate its liberties. Tuition, which threatens to create an elitist class of educated in this state, is one such idea.

to the editor would testify. It seems, though, that our message was upstaged by our use of grammar. Is this an indictment of our choice of words or a statement of Valley students'

Student action against tuition is ultimately what we had hoped for. Unfortunately, some chose to decide that we were 'patently offensive,' 'appealed to prurient interests,' and lacked 'serious literary value' so much so that our opinions disappeared from every newspaper bin on campus.

We don't advocate the perpetual, indescriminate use of expletives. But who would we protect with the use of euphemisms given a situation calling for urgency and a readership in need of awakening?

If people directed as much energy toward fighting the injustices in our society as they do engaging in armchair moralism, perhaps we Many people read our editorial as our letters could censor the real obscenities of our time.

Dear Editor:

reassured.

Thank you, Star

I read the editorial in the Valley

Whenever my "world" is

Star on Jan 5, 1984 and was

threatened, I always turn to those

institutions that reflect the most in-

consistency and stability as relates

to their values. One such example is

the playing of the "Star Spangled

Banner" before athletic events. It

assures me that things are as they

But today we are threatened. I

have deep concern. Marines are dy-

ing on foreign soil; government

deficits loom even larger; the finan-

cial soundness of Medicare and

social security is threatened; Central

America is in ferment: community

But throuth it all, one institution

remains true. Valley Star, it is you!

To each of you and all of you, right

on! You are scatological at just the

Thank you, Valley Star. If I can

ever repay you, someday I will.

Perhaps one day you will call me to

Fallen victim

Your editorial in last Thursday's

paper brings to mind one question:

How far and by what means will a

person or establishment go to ex-

press a point of view and attract so-

While doing an excellent job ex-

plaining the budget crisis the com-

munity colleges currently face, you

also decided to explain how obscene

the governor's role has been in the

tuition battle and tried to correlate

that attitude with your decision to

read the editorial, including one of

your own reporters, the word was

used as an eye-catcher; something to

I know the governor will stop at

nothing to a) make students pay for

motivate people to read the piece.

According to many people who

use the word "fuck" in your title.

Monroe F. Richman, M.D.,

member, Board of Trustees,

Cordially,

colleges are faced with tuition.

right moment.

Dear Editor,

meone's attention?

change your diapers.

# Give them liberty— —give them death

By DAVID BOHRER, Assoc. News Editor

Should a person who is incapable of thinking, speaking, and reasoning with no possible hope of recovery be forced to live?

The question of the right to die has always been a major moral and ethical problem in society.

However, as presented recently in many cases, it has also become a major medical and legal problem as well.

Last year, two doctors were charged with murder and conspiracy to commit murder for starving a comatose, severely brain damaged patient to death after removing him from his mechanical life support system.

These charges, although recently and rightfully dismissed, again has brought into the public's view the issue of when a patient has the right

But currently, many hopelessly ill patients are being forced to live by means of respirators and other types of life support systems.

However, this fact brings about another question.

Would the existence in a subhuman or vegetable-like state be more desireable than life itself?

To few it may be. But a majority of people, many would rather face death than come back to friends and relatives in a hopeless subhuman, and useless state.

Should there be a law to stop treatment of such a patient?

Current laws forbid a doctor to treat anyone without obtaining that person's consent, except in an

Consequently, there is no need for a law granting the person the right not to be treated. Because, by witholding consent, that right is already established. Therefore, a doctor is forced to stop treatment unless a court intervenes.

The problem lies in that patients who are seriously or terminally ill are not given this right.

In a more recent and still pending case, Elizabeth Bouvia, a 26-yearold quadraplegic, is fighting for her right to die despite court interven-

Bouvia's plea to starve herself under medical care is still being considered by the state Supreme Court.

Bouvia lost a recent court battle on Dec. 16. The decision, if awarded in Bouvia's favor, would have required hospital employees to provide hygenic care and pain killers while she starved herself.

However, Superior Court Judge John Hews ruled that her fundamental right to take her own life is superceded by that of society.

Many physicians have let patients die upon requests of the patient, and in many cases, the requests of family and relatives.

Death is an inevitable fact of life. And, in my opinion, the agony and pain of death can be much worse than death itself.

Soup lines have become popular across the

education, b) redraw voter boun-

dary lines, and, c) get re-elected. But

does that justify using obscenities to

-Letters to the Star-

advertise your point of view? By lowering yourself to the governor's level, you have fallen victim to In jail they have their own version vour own greatest privilege:

freedom of the press. Steve Appell, vice-president, ASB

### Disappointed

I am writing in regards to the lead

editorial of Jan. 5 I am not shocked or offended by the language, merely disappointed in the way you chose to call attention to the (Los Angeles Community College) district's plight by a gramatically "vulgar" word.

It's a shame the staff cannot write a more convincing editorial without resorting to this type of 'shock

(Although) the word has been placed and defined in a dictionary, discretion as to when to print this term should be more judiciously applied. "Wake up!" would have conveyed the same message. So why denigrate the quality and tradition of a fine collegiate newspaper with such sensationalistic grammar.

As a former staff member (1967-68), I am sincerely disappointed the Star has allowed such transgressions of journalistic style and has prostituted itself for impact

Wade Steinfeld, Administration of Justice major

### Out of context

To the editors of the Valley Star:

As the daughter of the attorney who defended Robert Bloom, Jr. I feel obliged to set Lisa Shames straight regarding a quote she used in her article on the death penalty.

This quote of Bloom was used out of context. Yes, Bloom wants to die, but the quote does not indicate that he feels remorse or accepts his guilt. He wants to die because he never had much of a life anyway and finds death less horrible than spending his life in jail.

# He is right too, because if he went

to jail, he could die a worse death at the hands of other convicts than in the gas chamber (Shames should be made aware that in California death is by gas, not electric chair).

of the death penalty and they carry out their own sentences. Bloom would most likely be dead in a year. He would be on the bottom of the pecking order, as will (Angelo)

It is quite likely that unless Buono is kept in solitary confinement forever, he will die an ugly death at the hands of prisoners. Would Shames consider this murder or

As to the legal death penalty with

Bloom in mind, I can only say that after spending many hours in the courtroom listening to the Hell that was Bloom's life and crime, I know that his death will be meaningless.

Let Shames look into the eyes of the twenty year old Bloom. I doubt she would be as ready to turn on the gas and call it justice. Justice is more than Shames' shallow understanding of the full implications of the death penalty.

For ethical reasons I would like to state that these opinions are based on information available to the public and personal observations made in court, not on any private knowledge through my father.

Shoshana Altman Edelberg

### **LETTERS**

The Valley Star is happy to receive and, if possible, publish letters from its readers. The Star reserves the right to condense all letters for space considerations. Letters submitted should be limited to 350 words and are subject to editing if they are obscene, libelous, or make racial, ethnic, or religious denigrations.

Letters should be signed, and, if applicable, include student's major and ID number. Bring letters to the Valley Star office, Business Journalism 114, by 11 a.m. Monday for the following Thursday.

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ACP All-American Honors Achieved





Wally Guzdus

# Gudzus retires

After serving Valley College for nearly 25 years, Campus Police Captain Wally Gudzus retired to a life of fishing, yard work, and two retirement pensions.

Gudzus, 65, has been a part-time campus police officer for 15 years and was the full-time captain for 10

During retirement, Gudzus will attend his 45 year high school reunion, "take a trip to New Orleans, do some fishing and yard work, and enjoy retirement." said Gudzus.

Taking over the position of captain will be John "J.J." Wolf.

Wolf, who was Campus Police Captain at Los Angeles City College for nearly three years, was also an officer at Valley for ten years before being promoted to captain at City

"I feel I'm leaving the college in good shape," said Gudzus.

Wolf feels good about returning to Valley and is now "getting reaquainted. It's like coming home again," said Wolf, "and back to familiar surroundings."

Officer Walter Arnold said, "We miss Wally, but we feel we got one of the better captains of the district. He's flexible where a lot of them aren't. We know him well, and we have a good rapport with him."

# Valley retirees leave long careers behind

After a combined total of over 65 years of teaching, three Valley College professors, Richard Hendricks, Edward A. Irwin, and Eileen Rogers, will retire at the end of this

After 25 years as professor of political science and U.S. history, Richard Hendricks is retiring as a full time instructor, but will continue to teach one class in the spring

Since 1958 Hendricks has been actively involved in faculty association affairs. He served as Faculty Association President, and was a member of the district and state academic senates. He also served as a member of Chancellor Koltai's controversial New Dimension program, which sought new areas in which our college district could extend its programs, such as overseas and educational television, and community outreach.

Hendricks plans many academically-related activities to

keep him busy in his time off. "My primary avocation will be to do some serious research and



**Richard Hendricks** 

write a history of the Presbyterian church in Southern California. I will also be writing a short treatise on the government of California,'

His new part-time teaching schedule, according to Hendricks, will ensure he doesn't fade from the Valley College community.

"I want to teach at least one class because my greatest satisfaction has always been to challenge young minds in the classroom. It's a constant but delightful dialogue."



Edward A. Irwin

Edward A. Irwin, professor of journalism, will also be retiring this

Irwin, who has been at Valley for 231/2 years, has been advisor for the Valley Star and Crown, the school magazine, for 23 of those years.

During that time, the Star won six Pacemaker awards and earned more All American awards than any other college newspaper in the United States. Crown also has received numerous awards.

Besides his involvement at the academic level, Irwin has also been actively involved in school affairs. He was the first president of the Unified School District, and was the first president of the American Federation Guild (AFT). Irwin was also vice-president of the National AFT and he served three terms as a member of the Academic Senate.

Irwin, who will be still be teaching one class next semester, plans to spend more time with his wife, Shannon Stack, history chairperson at Valley, and his 22-month-old son, Drew.

For Irwin, retirement will not be much different from his nonretirement days, in his words "quite

Over the years, Irwin has seen many students succeed in the journalism and photography professions. "We are proud of them all," he said. "It gives me a great deal of satisfaction helping others and contributing something to their educa-



**Eileen Rogers** 

Nursing professor Eileen Rogers will also retire this month after 19 years of teaching nursing at Valley.

She joined the staff in 1965, and has served on several school departmental committees and is involved with the curriculum committee which aids in designing a thorough class schedule for that department.

She received her Masters Degree from UCLA and taught professional and surgical nursing at Los Angeles City College prior to coming to Valley.

Rogers is also involved in mental health areas such as family and personal counseling.



### Photographer to head Spring semester Star

Photographer Jeff Share has been named the new editor-in-chief for next semester's Valley Star.

The 22-year-old Share, who began to take photo classes at Valley while still in high school, is an experienced photographer whose work has appeared in numerous magazines and newspapers and has been distributed by both AP and

Although born and raised for the most part in the San Fernando Valley, Share has also spent considerable time traveling both in the United States and abroad. He lived in New Zealand for three and a half years, stayed in Mexico City for a year, and recently completed a year and a half trek across the United States to "find America."

Other members of the new staff include: Mary Cronin, Managing Editor; Kathy Maher, Assoc. Editorial Editor; David Bohrer, News Editor; Nancy Spencer and Marilyn Martinez, Assoc. News Editors; Lisa Shames, View Editor; Melissa Ward and Clif Farrier, Assoc. View Editors; Marti Holbrook Stevens, Entertainment Editor; Jeff Papes, Assoc. Entertain ment Editor; Frann Bart, Sports Editor; Diane Harbour, Assoc. Sports Editor; Carolyne Barry and Dave Brody, Assoc. Copy Editors; Steve Pringle and Jeff Roth, Photography Editors; Mike St. Amand, Assoc. Photo Editor; and Steve Laferney and Denise Morgan,

### News Notes

LIBRARY HOURS—The library will be closed Monday, Jan. 16 and Friday, Jan. 27. It will also be closed during the semester break, Monday, Jan. 30 and Tues., Jan. 31. It will reopen Wed. Feb. 1. Regular Saturday hours (11 a.m. to 5 p.m.) will be in effect throughout January.

NO EXIT-A one act play, "No Exit" directed by Carol Ercolono, will be performed tonight at the Shoebox Theatre at 8 p.m. Admission is free.

SCHOOL HOLIDAY-There is no school Monday, Jan. 16. in observance of Martin Luther King's birthday.



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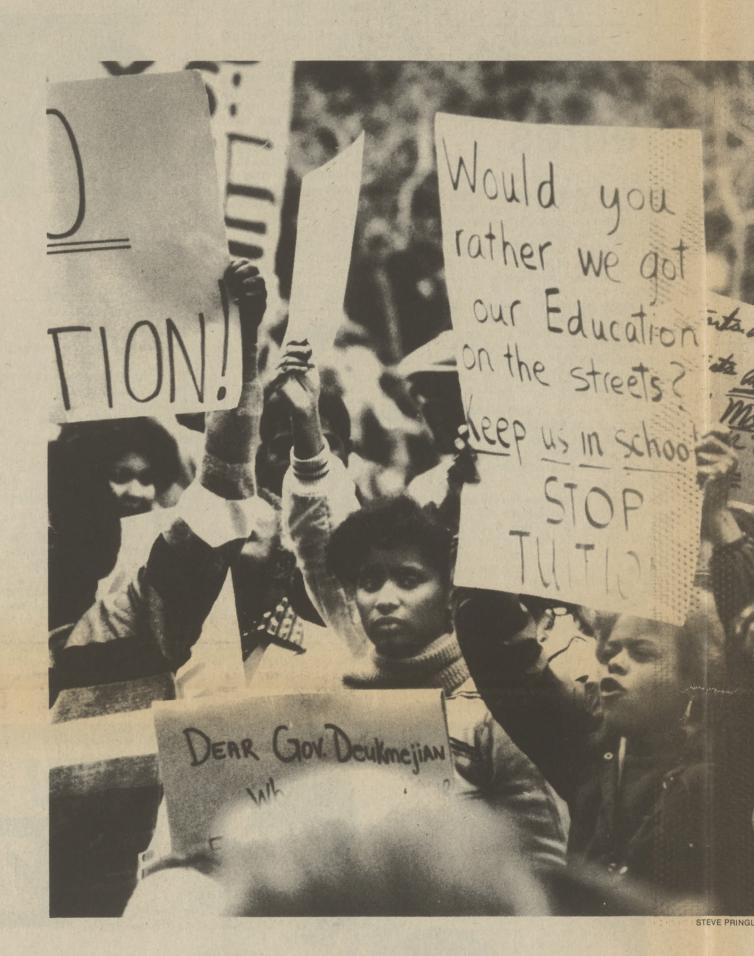


# Now is the winter of our discontent









The voice of appeal is nev

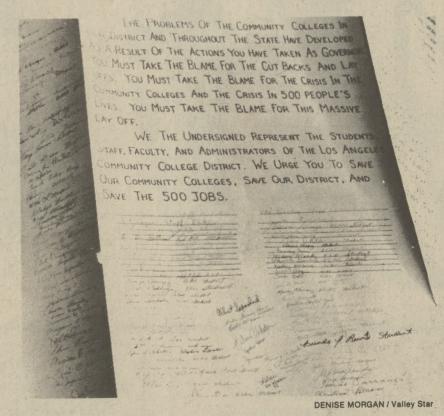
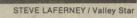
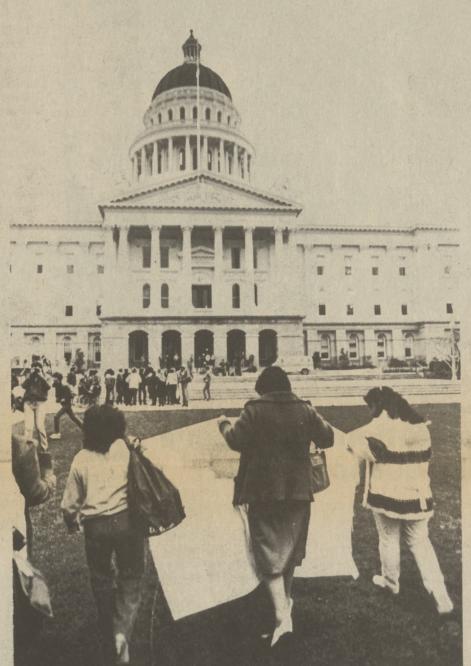
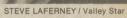


Photo essay layout by Denise Morgan, Jeff Share, and Steve Laferney











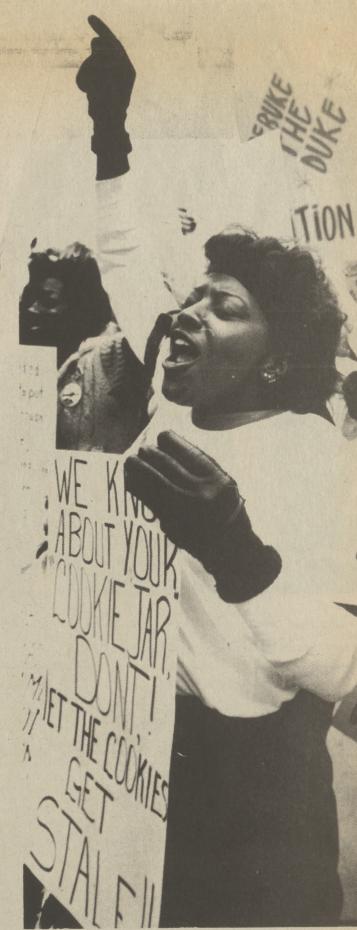
oice of protest, of warning, of is never more needed . . .

STEVE PRINGLE / Valley Star

—Charles Eliot Norton







DAVID GREER / Valley Star

# Tuning into the inner body

By SUSAN GOLANY, Staff Writer

Will everyone who thinks his heart is more important than his teeth, please stand up!

While most of us would stand, the truth is that in our daily routines, we have made accomodations for our teeth, skin, and hair, but haven't put much thought or effort into caring for our cardio-vascular system.

Hundreds of Valley College students are enrolled in Physical Education 228-Body Conditioning not only because it is a national fad, but because they want to include their cardio-vascular systems in their personal care routine. Of the 27 sections of Body Conditioning offered this semester, 20 include aerobic exercise. The classes are offered at all times of the day and evening, and are well-filled, according to P.E. Department Chairman, Prof. Ted Calderone.

One exceptional student of aerobics is trim, 62-yearold Debby Siegel. It is not her age that makes her exceptional. Her classmates are of both sexes and from the ages of 18 to over 79. Their figures range from super sleek to frankly flabby. "Age is just a number. It doesn't mean a lot. It's how you feel that's important," said Siegel. She has participated in various types of exercises for many years.

About two years ago, she noticed she was getting clumsier, dropping things, and taking frequent falls. After medical tests, it was discovered that she had a tumor growing under her skull behind her ear. She had cranial surgery and the tumor was successfully removed, but she had also lost her hearing in one ear and had very poor balance and coordination as a result of the operation. Last spring, with her walk still unsteady, she enrolled again in Valley's aerobics and weight training programs, determined to get back into as good a physical condition as possible. Her doctors have been amazed at the recovery she had made. She had regained her strength and coordination. She rides her bike again on weekends. The only thing that betrays her ordeal is the paralysis on one side of her face due to the severing of the nerves during the surgery.

In the same aerobics class is advertising design major, Albert Tuchman, 37. He has been involved in various types of exercise classes for four years. "I'm taking the class to look like the instructor," he laughed, referring to Prof. Raymond Follosco, a man in his mid-fifties who has the trim, firm build of a young athlete. Tuchman says he especially likes Follosco's aerobics class because he gives so much information on exercise and health matters, along with doing the exercises.

How is it possible for people with such a wide range of ages and physical conditions to participate in the

'Age is no barrier. Once you understand pulse-rated physical activity, you learn to pace yourself," explained Associate Professor of Physical Education Joanne Waddell.



Olga Echenique (above), is one of many Valley College students getting involved with tuning their bodies. With over 20 classes on

campus, aerobics has become one of the most popular body conditioning classes around, attracting students from age 18-79.

She said that students take their pulse rate several times during each class session, especially after the most vigorous exercises when the pulse rate is fastest, and after the gradual slowdown of activity during the last minutes of the class. Students learn within what range their pulse rate should be for their age group after various types of activity.

The first few sessions of an aerobics exercise class are for the giving of information and for testing. People who can't complete the three minutes of continuous step-climbing test, the 12-minute jog-walk-run test around the track, or whose heart rate gets unacceptably high during these tests are advised not to participate until they have gradually built up their fitness with milder, forms of exercise. The tests also enable students to compare what they were able to do at the beginning of the course with what they can do in the same amount of time at the end. People who stick with it usually note a marked improvement and their hearts can work at a slower rate than was necessary in the beginning.

The term "aerobics" doesn't even appear in dictionaries published prior to the late 1960's. It was coined by San Antonio physician, Kenneth H. Cooper, and was popularized in his widely read books "Aerobics". and "The New Aerobics"

There are many types of aerobic activities: basketball, handball, squash, running, swimming, jogging, bicycling, vigorous dancing. They are all equally valid and their choice would depend on your personal interests; and physical limitations.

"What they have in common is that, by making you work hard, they make you take in a lot of oxygen," according to Cooper.

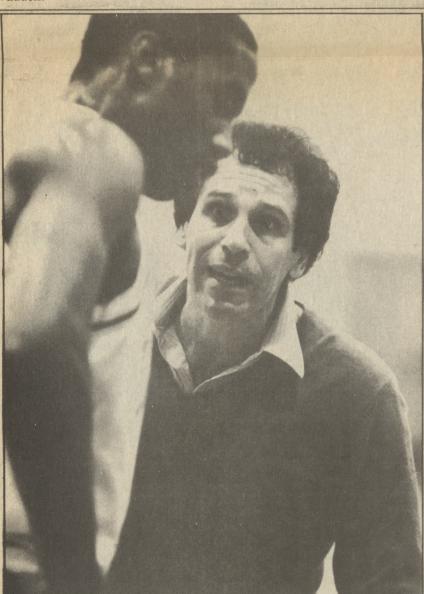
If there is to be any benefit to the body, the activity must be of a long enough duration and must stimulate the heart and lungs to rapid activity. The main object of aerobic activity is to increase the amount of oxygen the body can process within a given time. This is called the

"training effect" Among the benefits aerobics proponents claim are 1) strengthening of the respiratory muscles and increased air flow into and out of the lungs, 2) improvement in the stength and pumping capacity of the heart, 3) toning up of muscles throughout the body and improvement of the general circulation, and, 4) increase in the total amount of blood circulating in the body and in the number of red blood cells and hemoglobin, thus making

the blood a more efficient oxygen carrier. Aside from Valley's aerobics classes, there are many types of aerobics programs offered at 'Y's, health clubs,

on televison, and video tapes. While one P.E. instructor, Paul Passno, thinks that the "ballistic" type stretching seen on "Jane Fonda's Workout" may be harmful to those not already in good condition, another thinks otherwise. Associate Professor of P.E., Diedra Stark thinks that the Jane Fonda video tapes do a good job compared to the other exercise stars. "It is well researched, and has different levels," said Stark.

All of Valley's P.E. instructors hope to have influ enced their students to make a lifelong commitment to maintaining physical fitness, and that through the information they received in Valley's courses, they will be "informed consumers" in the burgeoning physical fitness market.



DENISE MORGAN / Valley Star

Basketball Head Coach Bobby Castagna having a talk with team captain Randy Anderson during a recent game at Valley College. With the team record now at 8-6, Castagna feels his team will go on to be one of the top four contenders in the league.

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### High expectations for league play as pre-season ends

By JEFF PAPES, Staff Writer

"I think we have to believe in game. win the conference," is Valley College Basketball Coach Bobby Castagna's battle cry and formula for a winning season.

Going into league play with a preseason record of 8-6, this promises to be an exceptionally good season for the Monarchs.

Ten freshmen and four sophomores make up what Castagna calls "a young ball club." Castagna himself is not much older than the team he coaches. At 31, he is the youngest community college coach in the state.

Both Castagna and the players see the youth as an asset. Team member Kenny Jackson said, "We're all young and pretty good friends."

Jackson is the team's 6'2" sophomore point guard. "He is emerging as a natural team leader," said Castagna. Jackson is leading the conference in pre-season play

with 11 to 12 points and 10 assists a

Castagna said that learning from adversity is what it will take. "We've shown a great improvement lately. We are a good group that has to mature a bit together.'

Castagna describes his team as one with a lot of interest in improving their game and who are willing to do what is asked of them. "The high morale of the team is also a leading factor in their success so far," Castagna said. "That is also what is different from last year's team. These people have better attitudes and care about the game they're playing.

"We're going up against some tough teams like L.A. Trade Tech, and we have to go in playing to win," Castagna said.

"This is going to be a good year for the Monarchs. I think we'll definitely be one of the top four contending teams in the league."



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# The best (and the worst) of Valley



The best place to make a private telephone call

The fall semester '83 is coming to an end, with finals just around the corner. All good things must come to an end, or so they say. The new semester will bring many changes, but some things never change. With all this into consideration, we present the "Best and Worst of Valley '83." And the winner is . . .

THE WORST BATHROOM/THE BEST GRAFFITI

First the bad news: this bathroom is the pits. Located on the quad side of the main cafeteria, this poor excuse for a bathroom is always in the same condition—terrible. Besides the fact that there's never any toilet paper, soap, or paper towels, this place stinks. At one point during the beginning of the semester, there was only one usable stall out of the three. One for a long time had no door, and the other had a toilet seat that refused to stay on. You definitely will not see this bathroom in "Better Homes and Gardens."

Now for the good news and the only redeeming factor of this so-called restroom: this place has the best graffiti. From rock and roll to lesbianism to politics to abortion, this bathroom has it all. "Freedom is being responsible for oneself. Self honesty is not blaming others," are just two of the profound, deep statements you will find here. In the political arena, there is the thought provoking "Stop All Intervention in Central America." But who can miss the all-time classic "F--- people who write on walls," written in dark

black ink. So in spite of it all, at least this bathroom is entertaining and sometimes informative. Just don't forget to bring your own toilet paper.

THE BEST BATHROOM

Talk about luxury, well almost. This is what a school restroom should look like. There's nothing really extraordinary about it, it just fits the basic requirements—toilet paper, soap, etc. (Ah, the simple pleasures of life). Where is it? Well, if you would go into the library more often, you would know. It is located in the far west side of the library. This place is heaven compared to the one near the cafeteria.

Second runner-up and definitely first before budget cuts, is the downstairs bathroom in Campus Center. Last year this "loo" was equipped with three mirrors. One full-length and the other two equipped with make-up lights. (Talk about class.) But alas, budget cuts have eliminated the mirror lights, and all that remains is a simple john.

THE BEST PLACE TO PARK YOUR CAR ON CAMPUS FOR FREE

Due to the fact that I park my car there, I refuse to reveal my secret. After four semesters here I think I have earned it. I just wish the campus police felt the same way.

THE COOLEST PLACE TO HANG OUT

This place is cool, I mean COOL. It's the place to see and be seen. It's all here from punks to preps to trendies. Anyone who's anyone knows that hanging out around the Physics and Behavioral Science buildings is really happening. Each couple of semesters the location seems to change, but this one seems like it is going to stay the same for awhile.

Its popularity is most likely due to its central location and its closeness to a snack bar. Most people have to walk by-this spot in order to get to and from classes, so it is a great place to boy/girl watch.

But even here there is different spots depending on your preference. There is "punk springs" and "cool corner" where the requirements are tough. Don't worry there is still plenty of room left for us less trendy folks.

There is only thing I can't figure out. How come no matter what day or time it is, the same people are always there?

THE BEST PLACE TO GET A SANDWICH

I know a roast beef by any other name is still a roast beef, right? Wrong! All the sandwiches on campus may look exactly alike and have the same ingredients, but somehow the sandwiches from the snack bar near the bungalows taste better. The reason is due to the ladies who make them. Not only do they put the normal stuff in them, but they also add some TLC (tender loving care). These ladies really do care that you

are eating right. They give you that home away from home feeling. It could be their warm and sincere smiles or maybe it is the way they call you "honey" or "dear." But whatever it is, it works. And anyway, where else can you buy some TLC? Maybe on Sunset and Vine, but I think it costs a bit more than \$2.25 and it isn't quite the same.

THE BEST/WORST PLACE TO MAKE A PRIVATE PHONE CALL

You finally got up the nerve to call him/her. After sleepless nights and endless daydreams you have decided to call and ask this person out. Or maybe you need to call in sick to work (you actually need to do your term paper, but work doesn't need to know that). Where do you go? You certainly don't want to use the open-air phone outside the cafeteria or even the ones next to the Financial Aid Offices. Well, in between the Behavioral Science and Humanities Buildings, there is this quaint phone booth that is very quiet and private.

It's the perfect place for making that very private phone call. You may have to wait sometimes, but is will be worth it.

THE BEST PLACE TO STUDY

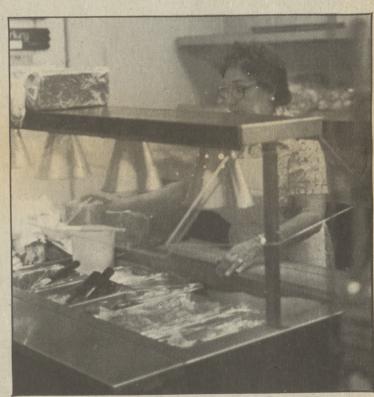
Now this is a very difficult one, due to the fact that each of us have very different opinions of what a "good study place" is. For many, it's the quiet, peacefulness of a library. Others prefer a less than "perfect" atmosphere. There is plenty of both on campus. You are on your own on this one, but with finals coming up, I suggest you find someplace fast.

THE WORST PLACE TO STUDY This room is supposed to be for studying but it just doesn't make it. Even when it was in perfect condition a couple of years ago, the Fireside Room still didn't make it. And now, with its extremely dim lights, torn seats, and broken chairs, it most definitely doesn't make it. The condition of the furniture is almost forgiveable due to the cutbacks, but the poor condition of the lighting system, in a place where lighting is important, is not. And besides that, the Fireside Room has this strange effect on people-it makes them fall asleep. Unless these people are studying through osmosis, I doubt they are going to learn much by sleeping with their heads on their books.

THE BEST PLACE TO MEDITATE, SLEEP, OR STUDY PHYSIOLOGY WITH A FRIEND

You are having one of those "I am mad as hell, and I'm not going to take it anymore" days. Well, don't despair, there is a place right on campus that you can go to escape and maybe even forget all your problems. It's not quite paradise, but it comes close. In front of the Planetarium there is a patch of grass

The best place to hang out—"Cool Corner"



The snack bar for the best sandwiches

that's very quiet and peaceful. If you use your imagination, you can pretend you are in some great forest, surrounded completely by trees and wildlife (well, I said use your imagination didn't I?) And if

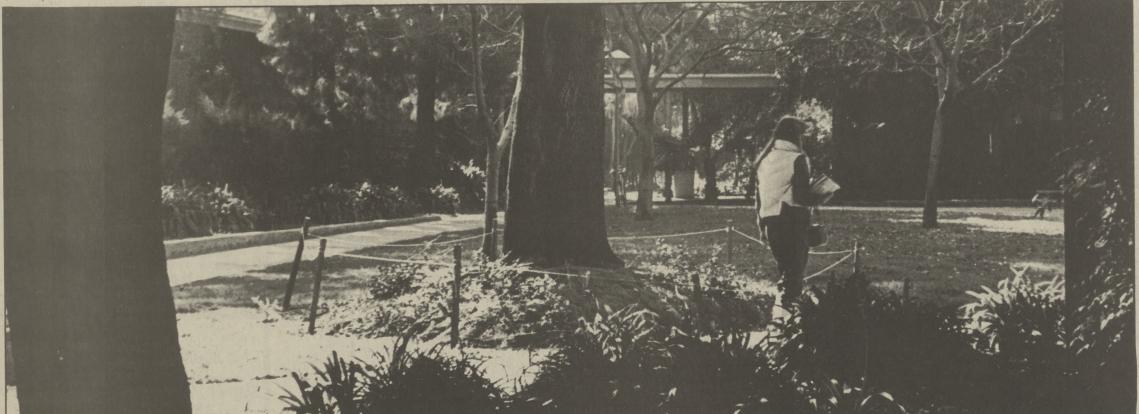
you sit in the middle of the patch, it's easy to avoid people.

There are other places on campus like this, but I didn't want to give away all the best quiet spots or else they wouldn't be quiet spots anymore.

Written by Lisa Shames, Photos by Marti Holbrook Stevens, View Editors

The worst bathroom, but the best graffiti

The best out-of-the-way secluded spot at Valley



# Monthly meeting of the minds first for Faculty Senate here

By FRANN BART, Staff Writer

For the first time, Valley College will host a meeting of the Executive Committee of the Academic Senate for California Community Colleges (ASCCC) and faculty presidents of southern area community colleges.

The purpose of the meeting, held monthly at different community colleges throughout the state, is to allow regional faculty officers to express concerns about their particular area as well as to "work to improve academic quality in the 107 community colleges throughout the state," according to Val Villa, chairman of the Foriegn Language Department and coordinator/host of this month's event.

tomorrow evening in the Faculty Lounge and reconvene for an allday session on Saturday at the Howard Johnson's Motor Lodge in North Hollywoood

In addition to the regular 15-member, policy-making committee, Villa predicts attendance by "not less the 40 faculty delegates and representatives from areas comprising 26 colleges in Santa Maria, Santa Barbara, Ventura, and Los Angeles counties.

Senate representatives from Valley College will include, along with Villa, Pat Blakeslee, professor of psychology and president of the District Senate; Edyth McGovern, professor of English; Philip Clark,

# Computer snafus cause problematic spring registration

Spring registration at Valley College has gotten off to a chaotic start. Computer flubs, long lines, cancelled classes, and restless students have contributed to what Dean of Admissions Richard Barnhart called "a problematic registration."

Many of the problems that are slowing down registration have come from computer problems. "We've had a lot of mishaps with the hardware and software. New computer programs are not working properly." According to Barnhart the computers were working flawlessly all semester but now have been problematic throughout the whole enrollment.

"Only last Monday went smoothly. We got 1500 students enrolled that day," Barnhart said.

"The lines are the only bad part about registering, but the ladies work real fast," said Daniel Liese, a second semester Valley student. "I came in and only one class was closed. That's pretty good compared to what is expected."

Student drop fees have also slowed registration down considerably. Despite the fact that drop fee information was publicized throughout students who were uninformed or chose to ignore fee penalties.

"A lot of the delay is caused by over 5700 drop fee holds. These," said Barnhart, "take three times longer to process."

"Many students are unaware that they have a drop fee. They bailed out of a class and the instructor dropped them, triggering a fee," Barnhart said. A student comes in and pays the drop fee, the hold is then supposed to release but "they haven't been.'

Sean Monaghan, in his third semester at Valley, was somewhat disgrunted with the whole registration process. "I think the whole thing is disorganized. The schedules were late, and the people outside don't even know how to separate lines." He suggested a new system of registration because "this one is messed up."

Another obstacle in registering is students that filled out applications last semester but failed to register for classes were still mailed appointments for this semester.

Barnhart said, "registration hasn't gone particularly well even with a good staff but we've had to the semester, there were still make the most out of the situation.

professor of mathematics; Shannon Stack, chairperson of the History Department; and Maryamber Villa, professor of history and president of the Faculty Association.

Villa emphasized that the ASCCC is "the only faculty body which is by law (established by state code) the voice of faculty in community college matters." In actuality, he said, "we work for students not faculty."

Villa explained that the ASCCC is partially funded by the state and the rest of the funds required to travel to various area meetings, conventions and cover materials, etc., are provided for by the dues paid by the faculty members. They are not paid for time taken off jobs to attend these meetings, Villa said.

"We are not self-serving because we don't concern ourselves with or affect salaries or working conditions like unions do," he said. Programs affecting students and academic standards are the primary functions of the ASCCC, as well as making recommendations to the administration of a college and to the governing board of a district with respect to academic and professional matters," according to the ASCCC Position Paper.

The agenda for this event will begin with a public forum, where "everyone will ask questions and get

involved" in expressing concerns of the southern area, and recommend courses of actions, Villa said.

Topics discussed will include as assessment and testing programs to be followed up with counseling for students. Villa said the evaluation program will begin at Valley this year. Also explored will be standardization of courses to promote a better transition from high school to community college and on to state or university level.

Villa said the ASCCC will be working more closely with high schools to ensure that first year community college students will be prepared in English and mathematics. Required competency tests in these subjects are being instated.

Vocational programs will be tackled by the delegates, and Villa also mentioned the possibility of accreditation techniques on a future

Tuition will not be a hot topic at the work sessions, Villa said. "We've taken a position against fees. It's out of our hands now."

Thus, the ASCCC will continue with their function of informing local senates and coordinating and representing their views on statewide educational issues.



ALICE LOPEZ / Valley Star

GETTING A FEEL FOR ART-Visitors view the current creations of artists Lena

# Art opening exhibits contrasting styles, artists' works prove visually insightful

BY KATHLEEN MAHER, Staff Writer

Personal insights highlighted the contrasting styles of artists Lena Rivkin and Edie Ellis at an informal reception held recently at the LAVC art gallery. The reception opened the 6-week exhibition of their works entitled "Visual Sounds" and "Handmade Poems and Books".

Gallery director Dennis Reed credits the gallery opening, which was previously cancelled due to budget cuts, totally to the joint sponsorship of the Associated Student Body (A.S.B.) and friends of David Moody. (Moody, a friend of the gallery, donated gifts received from friends commemorating his retirement as district head of ITV [Instructional Television].)

Though visually their work differs considerably, Rivkin and Ellis, appearing before a large gathering of students and guests, explained that both their approaches encompass sharing intimacies while yielding different results.

"I don't know who, what or when, when I write something," said Ellis, "I write it because I see something strange or wonderful. But when it is written, I resolve something. That is my analytical

"Lena is a very analytical person by nature; her brain just works that way. Yet her work, when transformed on paper, is spontaneous and freeflowing.'

"Music and art were in my crib," said Rivkin, a former LAVC graduate, "and I see a natural extension of my background to merge sound in relation to visual arts." Her works are translated in miniature "in order to manipulate the viewer to come closer and share the intimacy of the experience-I want the viewer to see them as I drew them."

On the other hand, Ellis, a lover of design and the tactile whose books are comprised of torsos,

hands, and arms and incorporate her poetry, only merged her art after considerable struggle.

"I had been squirreling away my internal externalizations in drawers for a decade. The whole thing became overwhelming to me, so I had to accommodate and merge the

A purist who doesn't create works just to sell them, Ellis pointed out, 'An artist is a fine-tuned instrument, and you keep retuning. I think you get even more sensitive and precise because of all your experiences. I'd hate to see all that energy go to just sell it like a pro-

The exhibit will run through February 16 and is open Monday through Thursday from 1 to 3 p.m. and 7 to 9 p.m. It will be closed on January 20 and February 3, and there is no charge for admission.

ming opera for April titled Ornette's Way, to be run jointly by Valley's Judith Von Euer, UC Irvine, and the Art Center in Palos Verdes.

### Demonstrations...

(Continued from page 1)

tect expensive learning equipment. "We implore the legislature and the governor to fund our colleges now and argue later," said Kleinschmidt.

President of the LACCD Board of Trustees Marguerite Archie-Hudson concluded the program saying that the governor currently has a \$2 million surplus because "Gov. Deukmejian chose to starve out community colleges, to starve out welfare, to starve out young children and all those who represent the poor prople of this state, and I think we have to do something about that."

## Last minute reprieve rescues Harbor College's school paper

By Mary Cronin, News Editor

Harbor College will continue to publish a school newspaper this spring after all.

School officials announced this week that they have received authorization from the district to hire a full time journalism instructor, and that the decision to cancel their journalism department and discontinue publication of the Tides has been rescinded

The proposed closure of the paper, when it was announced in December, generated controversy as Editor-in-chief Royce Osborn leveled charges of "censorship and racism'' against Harbor's administration.

However, Harbor officials have consistently maintained that the proposed closure was a matter of economics and an implementation of the school's policy not to offer a course of study without at least one full-time instructor. (Harbor currently has only one part-time jour-

Sacramento...

And, as the rally ended and the

crowd broke up into smaller lobby-

ing groups, compromise was a word

they heard often as many legislators

seemed to be tiring of the anti-

Later in the day, the governor

tuition fight.

nalism instructor.)

The sensational nature of Osborne's charges brought the Tides publicity not only in the Harbor area and in its sister colleges, but also in the Los Angeles Times, and questions have been raised whether the long, highly visible January 4th Times article was a factor in the decision to continue publishing the Tides.

Osborne said, "We put enough pressure on the administration and forced them to keep the paper open. Closing it would be a violation of free speech on campus."

Harbor President James Heinselman denied that the decision to continue publishing the paper was made for any reason other than the LACCD's sudden willingness to assign a full-time journalism instructor to Harbor.

District spokesman Norm Schneider said that the decision to

added to the conciliatory at-

mosphere by releasing his budget

proposal for 1984-85, which in-

cludes \$50 million for community

colleges, regardless of the outcome

(Continued from page 1)

of the fees issue.

"accomodate" Harbor's request for a full-time instructor was made in late December by then Vice-Chancellor of Personnel Affairs William Spaeter, and was not made because of any pressure or publicity.

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